

ISSTD Core Areas of Knowledge©

I. Beginning/Introductory Level:

- 1.1. Complex post traumatic effects and responses:
Complex post traumatic effects and responses
Foundational areas of knowledge
- 1.2 Assessment
Assessment of trauma and dissociation—DES, PCL TSI-2
- 1.3 Treatment of complex trauma and dissociation
Introduction to the Treatment of Complex Trauma- Child, Adolescent or Adult
Establishing & conducting an effective trauma therapy
Memory, trauma, and suggestibility
Staged treatment – the road map: Stage I, Stage II, Stage III models of treatment
of post traumatic disorders

II. Intermediate Level

- 2.1 Intermediate Assessment
Frankel article, Dell & O’Neill, Loewenstein’s Office Mental Exam, MID
- 2.2. Treatment of Complex Trauma & Dissociative Disorders
- 2.3. Relational challenges in trauma/dissociation therapy
Transference/countertransference patterns
Vicarious traumatization
- 2.4. Management of self-injurious behaviors
- 2.5. Ethics/professional issues and risk management

III. Advanced Level

- 3.1. Advanced treatment of DID: Trauma processing, fusion/integration
- 3.2. Relational challenges in trauma/dissociation therapy
- 3.3. Tutorial on neurobiology of trauma, concepts of dissociation
- 3.4. Tutorial on current research in complex trauma and dissociation
- 3.5. Psychopharmacology of complex traumatic disorders
- 3.6 Comorbid Disorders: Medical illnesses, substance use, eating disorders
- 3.7 Historical/ Societal